

**Owly & Wormy: Bright Lights and Starry Nights!** / Andy Runton

On a slightly scary camping trip to study stars in the night sky, Owly and Wormy make new friends.

**Let's Sing a Lullaby with the Brave Cowboy** / Jan Thomas

Brave Cowboy tries to sing his young calf pals to sleep on a dark, dark night, with humorous results.

**Who's There?** / Carole Lexa Schaefer

A child, already tucked in for the night, is frightened by strange noises that grow closer.

**Bedtime Monsters** / Josh Schneider

A young boy conquers his fear of bedtime monsters after making a surprising discovery.

**The Squeaky Door** / Laura Simms

A little boy overcomes his fear of the squeaky noise his door makes.

**The Dark** / Lemony Snicket

Laszlo is afraid of the dark which lives in the same big, creaky house as him, until one night the dark pays him a visit.

**Wanda's Monster** / Eileen Spinelli

Wanda tries to look at things from a monster's point of view.

**The Owl Who Was Afraid of the Dark** / Jill Tomlinson

Young Plop the owl is afraid of the dark even though other animals enjoy it.

**Can't You Sleep, Little Bear?** / Martin Waddell

Little Bear is afraid of the dark, until Big Bear brings him lights and love.

**Amanda Pig and the Awful, Scary Monster** / Jean Van Leeuwen

Amanda the pig sees monsters at night, but her family finds different ways to convince her that there are no monsters. (j Er VAN LEEUWEN )

**Frog is Frightened** / Max Velthuijs

Frog and his friends are frightened by strange night noises.

**Max's Starry Night** / Ken Wilson-Max

Max helps his elephant friend Big Blue, who is afraid of the dark.

**Mt. Lebanon Public Library**

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# fear of the dark

*Suggestions from the Mt. Lebanon Public Library  
for children in preschool through second grade*

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*Unless otherwise noted, all books may be found in  
the picture book section under the author's last name.*

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**Brave Martha** / Margot Apple

Without her cat, Martha worries about all the things in the dark.

**Teddy Bear Tears** / Jim Aylesworth

When he calms the fears of his teddy bears, their master makes the nighttime worry-free for himself, too.

**Olive's First Sleepover** / Roberta Baker

Olive goes for a sleepover at her friend's house and, after the lights go out, she starts to worry about green ghouls and giant tarantulas.

**Brave Squish Rabbit** / Katherine Battersby

Squish, a little rabbit who is afraid of nearly everything, ventures into the night during a storm to find his friend, Twitch, who he fears may have encountered chickens.

**Dear Big, Mean, Ugly Monster** / Ruth Marie Berglin

Joe is afraid of the monster that lives under his bed until they exchange letters and learn surprising things about one another.

**Poinsettia and the Firefighters** / Felicia Bond

When she learns that the fire fighters keep watch during the night, Poinsettia Pig is not afraid to be in her new room.

**Who's Afraid of the Dark?** / Crosby Bonsall (j Er BONSALL)

Who is really afraid of the dark, Stella the dog or her owner?

**Franklin in the Dark** / Paulette Bourgeois (j E-pb B)

A turtle afraid of the dark inside his shell, finds that other animals have their own fears.

**Switch on the Night** / Ray Bradbury

A little boy finds help in dealing with his fear of the dark from a new friend.

**One Dark and Scary Night** / Bill Cosby (j Er COSBY)

Little Bill is sure that things in his dark closet are going to get him.

**Monster Needs His Sleep** / Paul Czajak

Monster needs to go to sleep but keeps finding things to stay awake for until, finally, he admits that he is afraid of the dark and gets help with his bedtime problem.

**Small Blue and the Deep Dark Night** / Jon Davis

Small Blue's afraid that all sorts of frightening things are lurking in the dark, but as Big Brown takes her through a dark house to warm some milk, he suggests preposterous alternatives.

**The Pout-Pout Fish in the Big-Big Dark** / Deborah Diesen

Mr. Fish feels nervous venturing deep in the sea to look for Ms. Clam's lost pearl until Miss Shimmer helps him conquer his fear of the dark.

**What's That Noise?** / Michelle Edwards and Phyllis Root

A special song sings away the night noises 2 brothers hear.

**Go Away, Big Green Monster!** / Ed Emberley

A child takes care of a monster one small bit at a time.

**Stormy Night** / Hubert Flattinger

During a scary night, a child finds safety in a loved one's arms.

**Tiger Can't Sleep** / S.J. Fore

A young boy is kept awake by the noisy, "talented" tiger in his closet that is busy dancing, eating, and making music.

**Lights Out** / Arthur Geisert

Told by his parents that his light must be out at eight o'clock, a young piglet who is afraid of the dark devises an ingenious solution to the problem.

**When Someone is Afraid** / Valeri Gorbachev

Suggests some of the ways that animals react to fear, but when a small boy wakes from a bad dream he calls for his mommy and daddy.

**The Knight Who Was Afraid of the Dark** / Barbara Hazen

The castle bully discovers bold Sir Fred is secretly afraid of the dark.

**The Very Noisy Night** / Diana Hendry

One noisy night, Little Mouse asks to get into bed with Big Mouse.

**Bedtime for Frances** / Russell Hoban

Frances finds it difficult to go to sleep after dark.

**Little Rabbit Goes to Sleep** / Tony Johnston

When a scared little rabbit watches the nighttime with his grandfather he sees it is full of stars and crickets and moon.

**Fraidy Cats** / Stephen Krensky (j Er KRENSKY)

One dark and noisy night, the Fraidy Cats let their imaginations run wild.

**Otis and the Puppy** / Loren Long

When a puppy gets lost while playing hide and seek on the farm, Otis the friendly little tractor must face his fear of the darkness in order to help his new friend.

**There's a Nightmare in My Closet** / Mercer Mayer (j E-pb M)

The nightmare in his closet isn't really scary after all.

**There's a Dragon Downstairs** / Hilary McKay

Although she is afraid, Sophie is determined to confront the dragon that she thinks she hears downstairs at night.

**Oh No, Not Ghosts!** / Richard Michelson

An older brother "reassures" his younger sister about all the creatures that she imagines lurking in the dark bedroom, but his words only scare her more.

**Owlet's First Flight** / Mitra Modarressi

A hesitant young owl leaves his nest for the first time and explores the nighttime on his own.

**Harry and the Monster** / Sue Mongredien

One night, a monster stomps into Harry's dreams. The next day, Harry is scared to go to sleep. "If he comes back, just imagine him with pink pants on his head," suggests Mom. "He won't be scary then!" But can Mom's clever plan possibly work?

**What If the Shark Wears Tennis Shoes?** / Winifred Morris

Stephen has a better idea for a hungry shark's midnight snack.

**Junie B. Jones Has a Monster Under Her Bed** / Barbara Park (j pb P)

Junie B. Jones is afraid that monsters might be under her bed.

**The Patterson Puppies and the Midnight Monster Party** / Leslie Patricelli

Puppy siblings Andy, Penelope, and Jack help their sister Petra overcome her fear of a nighttime monster.

**The Crow (A Not So Scary Story)** / Alison Paul

A dark, creepy shape outside a home might be a pirate, a wizard, or something much less frightening.

**Creepy Things Are Scaring Me** / Jerome and Jarrett Pumphrey

A boy's mother sends nighttime sounds and shadows away by turning on a light.

**Can't Sleep** / Chris Raschka.

Bedtime fears are comforted by the moon.